

**Senior Citizen Advisory Committee
January 27, 2026 Meeting Minutes**

Meeting Began: 2:02 PM January 27, 2026

Statement of Adequate Notice read by SCAC Co-Chair, Barbara Sebiri

Pledge of Allegiance

Roll Call - regular members:

Rita Guibert, Edna Bruder-McGrath, Noel Robinson, Barbara Sebiri, Mary Voehl

Also attending are Elizabeth Zalme, Township Health Administrator and Kathy Whitehead, Morris Township Public Health Nurse

Public Attendees: Pat Collins, Judy Stein

Barbara made a motion to approve the Minutes from December 2, 2025
Seconded by Noel. Motion passed.

The meeting dates for 2026 are March 24, May 26, July 28, September 22 and December 1, 2026. Meetings are usually held the 4th Tuesday of every other month except November. Next meeting is March 24, 2026.

Noel submitted the 2025 Year end report- the sub-committees each submitted their own reports.

Communications - was very effective getting the word out about our events especially with the health fair flyers, publicized info related to Seniors every month in the Municipal Messenger.

Community Center- did a great job visiting neighboring community centers. They chose three comparison centers, taking photos, submitting a very comprehensive report which was included in their yearend report, they summarized key points listed in the report.

Health Fair - Barbara and Noel wish to thank everyone and the Health Dept. for all your help.

We feel that it was successful. It was adequately promoted around town. Maybe biannual or every three years to avoid repetition

Website - Mary Voehl, Chair, Rita Guibert - for 3-4 years they have prepared the seniors resources portion of the Twp website which constantly has to be updated. They suggested that perhaps a disclaimer can be added to the website releasing the Twp. from liability and giving the flexibility to include private services offered that could benefit Seniors.

Noel thanks everyone for all their hard work last year and year end submissions

Does anyone have any questions or anything to add?

Judy Stein senior social worker joins the meeting in person.

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2026 Goals - What role can we (SCAC) fill for the Township?

- When public meetings are held to discuss Community Center, we need to interject seniors' input
- Help promote the hearings for school referendum and encourage seniors' participation
- Increase our participation with the Health Dept.
- pharmacist concentrating on medications for seniors- brown bag event

Kathy Whitehead- speaking with Atlantic Health Sara Rubenstein regarding speakers for senior's programs- Health Dept programs currently planned are;

- Health Dept to circulate short survey in Twp. to poll residents for topics of interest
- Medicare in April and October
- Pain management
- Correct way to fall
- Diabetes

Ques. The first Tuesday of the month is seniors meeting and these programs are mostly on Tuesdays; can we schedule around seniors' meetings?

Ans. The programs are usually on the third Tuesday

Communications -Once a Month we try and contribute an article to Municipal Messenger- perhaps a good topic would be the Police Dept service for "vacant homes checks "while you are away.

Please contact Barbara or Noel if you are interested in chairing the communications subcommittee

Noel will submit an article on the vacant home check service provided by the MTPD for this month's Municipal Messenger, but we still need a communications subcommittee chair.

Jan will mention the vacancy at the Senior's Club Meeting and in the senior club's news letter

High School Volunteers

- Snow shoveling leaf raking, etc. partnership with the High School
- Opportunities to assist others, where would my skills benefit others?
- Seniors helping seniors
- Survey existing senior volunteers for opportunities to assist and hours put in to compile a report.

Barbara reached out to Jewish Family Service of Metrowest regarding a federally funded program within JFS, RSVP which provides volunteer opportunities for seniors.

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Barbara can arrange for the director of volunteer services to give a presentation on a Tuesday at 1PM in the spring.

Noel and Barbara spoke with Robin Schultz a potential vendor for the Health Fair who spoke at the Madison Senior club. She educates seniors regarding financial matters and is not promoting a business, just education. Perhaps she could present in the municipal building in the fall.

Kathy Whitehead- the Health Dept and the SCAC can present the programs together.

Barbara recaps Subcommittees-

Communication - thank you Noel for writing the article for the messenger

Health Resources - Ideas for the year were touched upon

Website Resources - no report

Community Center - suspended temporarily but will regroup before the public hearings. Edna mentioned that Janice was also on this committee as well so another member may be needed.

Pat Collins who is present at this meeting may take the vacant position on SCAC. We will consult Donna on this matter once she returns.

Judy Stein asks where seniors meetings and activities are held and is directed to the senior's room in the municipal building and informed that some activities take place in other locations as well. Judy is also advised to check with the Twp. Recreation Dept. for additional events. The senior resources booklet that Rita and Mary compiled is on the Twp. website as well as links to the senior club and senior recreation.

Anything else anyone wants to bring up? I thank you all for coming. Our next meeting is Tuesday, March 24, 2026 at 2 PM.

Meeting **Adjourned:** 2:46 PM

Next meeting is: March 24, 2026—from 2-4 PM in person in the meeting room at the Morris Township Municipal Building, 50 Woodland Avenue, Morris Township, NJ and on ZOOM