

STAYING HEALTHY IN TODAY'S ECONOMY

The uncertain economy is leaving people who have never had to seek assistance before in a position that is very unfamiliar and frustrating. This listing may be a helpful starting point. Eligibility criteria and benefits will vary according to income and family size. In addition to the services listed, the Health Department provides free or low cost screening clinics and immunizations. Please contact us for more information at 973-326-7390.

Vision

Prevent Blindness has several programs with varying qualifications such as uninsured or income limits. For children/adults 1-800-850-2020 www.preventblindness.org/tristate

Eye Care America 1-800-222-3937

American Optometric Association– Adult vision care
1-800-766-4466 or www.aoa.org

Temporary Assistance, General Assistance/Food Stamps

Morris County Office of Temporary Assistance 973-326-7800

Information and Referral Center

2-1-1 or 1-800-435-7555 www.211firstcall.org

Benefits Check Up www.benefitscheckup.com

Children's Services

SCHIP (State Children's Health Insurance Program)

1-877-543-7669

www.cms.hhs.gov/home/schip.asp

Catastrophic Illness in Children Relief Fund Program

(N.J. Department of Human Services)

1-609-292-0600 or 1-800-335FUND

www.state.nj.us/humanservices

Full Service Family Health Center

Children and Adult

Zufall Health Center

17 S. Warren St.

Dover, NJ 07801

973-328-3344

Dental Services

Donated Dental Services 1-732-549-8506

Zufall Health Center 973-328-3344

Food Bank

Interfaith Food Pantry 973-538-2625

Hospital Care for Uninsured Patients

N.J. Hospital Care payment assistance program (Charity Care Assistance)

N.J. Department of Health and Human Services

1-866-588-5696 www.state.nj.us/health/cc/documents/ccfactsh.pdf

Mental Health

Non-crisis situations:

Mental Health Association of Morris County 973-334-3496

Crisis situations:

Morristown Memorial Hospital Psychiatric Emergency Service

973-540-0100

Saint Clare's Hospital, Denville Psychiatric Emergency Service

973-625-0280

Nutrition Information

Extension Services (Rutgers Cooperative extension of Morris County)

973-285-8302

Prescription Drugs

Prescription Savings Program

1-800-633-0037

www.gspops.com

Express Scripts; Outreach RX 1-800-769-3880

www.rxoutreach.com

Partnership for Prescription Assistance

1-800-762-4636

PAAD – Pharmaceutical Assistance to the Aged and Disabled

www.nj.gov/health/seniorbenefits/paad.shtml

1-800-792-9745

Veterans Services

973-285-6866

You must fill out application form 10-10EZ and provide a copy of your discharge document, must be approved by a VA physician

www.va.gov/healtheligibility/application

General Government Benefits over 1000 federal & state assistance programs

www.govbenefits.gov